

Apply for authorization as a clinical sexologist

NACS has been using the new authorizations Authorized Clinical Sexologist and Authorized Educational Sexologist since early 2025. On this page, you will find more information about the authorization for Clinical Sexologist, including how to apply and how those who already hold an authorization can convert it.

Clinical Sexologist

Clinical sexology should be understood as client- or patient-focused treatment or counseling for questions, problems or illnesses related to sexuality. Sexological treatment focuses on improving sexual health through a biopsychosocial perspective within one's area of expertise.

Application details: Clinical Sexologist

To apply for the title authorized Authorized Clinical Sexologist (NACS), you must meet and provide documentation for the following requirements:

Professional education	A minimum bachelor's degree (180 ECTS) in a health-care profession, behavioral science, or social work. Required documentation: Bachelor's degree in English only.
Sexological education	At least 60 ECTS of sexology at university level or an equivalent qualification. Check your national association's approved courses. [Hyperlink to the orgs]
Experience in sexological work	At least 300 hours of sexological work within the last five years. Documentation must include: dates, hours, position/function, duties performed with short descriptions and an overview summary.

	Documentation must be validated by a manager, colleague, client or supervisor.
SAR/SSA	At least 25 hours (of which a maximum of 5 hours may be conducted individually).
Supervision	<p>At least 100 hours of group supervision or 60 hours of individual supervision with a supervisor authorized by your national association.</p> <p>Documentation must include a count of hours and time frame and must be confirmed by the signature of the supervisor/supervisors.</p> <p>In the case of both individual and group supervision, group supervision counts as 0.6 hours of individual supervision.</p>
Membership	<p>At least two consecutive years of membership in a NACS national association at the time of the authorization application.</p> <p>Documentation of payments or other evidence of membership is required.</p>
Professional suitability	<p>A recommendation letter from your supervisor.</p> <p>If you have had several supervisors during the past five years, the one who provided the most amount of supervision should write the recommendation letter.</p>
Fee	Paid application fee of €300 according to the current exchange rate to your national association. Attach proof of payment.

*By submitting your authorization application you commit to working according to the WAS ethical principles. More information about the ethical principles can be found [here](#).
[\[Hyperlink\]](#)*

Double-check requirements for documentation based on which association you are part of on their website.

Application format

For your application to be processed it must meet the following formatting requirements:

- Fill out the Application Form – authorization, clinical sexologist. [Hyperlink]
- Create a single PDF where the application form is placed first and submitted documents in order of the criteria above.
- All certificates, documents, or summaries must be in English.
- Send your application to your national association.

Application process

The NACS authorization board meets once a year. The deadline is August 1 each year. At that meeting, each application is presented and a decision is made jointly by the board, which consists of representatives from all Nordic sexological societies that belong to NACS.

Do you already have a previous authorization?

If you are already authorized under the former authorizations and wish to apply for conversion to one of the new titles, read on the national association's website on how to convert them.

For questions regarding the authorizations, contact your national association.